

THIS WEEK	
FEB 5:	8:00 AM – Rite I Worship Service 9:30 AM – Contemporary Service 11:00 AM – Rite II Worship Service 12:30 PM – Cherubim Children's Choir 2:30 PM – EFM 3:00 PM – MCVN 5:30 PM – SNL for Middle Schoolers 7:00 PM – AA 7:00 PM – SNL for High Schoolers
FEB 6:	9:00 AM – Classroom of Discovery 12:30 PM – All Ages Read Together 6:30 PM – ESOL 7:00 PM – MCVN 7:00 PM – Falcons Landing Old Testament Bible Study 7:30 PM – Free to Live Small Group and Bread of Life Small Group
FEB 7:	9:00 AM – Classroom of Discovery 10:00 AM – All Ages Read Together 7:00 PM – Backpack Buddies Packing 7:00 PM – AA 7:30 PM – Band Rehearsal
FEB 8:	9:00 AM – Classroom of Discovery 9:15 AM – Bridge to Discovery 12:00 PM – AA 12:30 PM – All Ages Read Together 5:30 PM – NA 6:00 PM – Odyssey of the Mind
FEB 9:	9:00 AM – Classroom of Discovery 10:00 AM – All Ages Read Together 12:00 PM – Bible Study 7:30 PM – Seraphim Choir Rehearsal 7:30 PM – Women's Group
FEB 10:	9:00 AM – Classroom of Discovery 5:00 PM – Concert Set-up 7:00 PM – MCVN 7:00 PM – Old Dominion Dancers 7:30 PM – Concert Series: Exploration of Latin American Music
FEB 11:	7:00 AM – Flower Guild 7:30 AM – Men's Group 8:00 AM – Fellowship Breakfast 9:00 AM – Spiritual Formation Meeting 2:00 PM – Guest Speaker on Immigration – Dr. Debra Shutika 4:00 PM – Band Rehearsal 5:00 PM – Contemporary Service 7:00 PM – MCVN and AA

ATTENDANCE		
JANUARY 28 & 29, 2017		
Time or Place	Service	Attend.
Saturday 5:00 PM	RII	44
8:00 AM	RI	23
9:30 AM	RII	174
11:00 AM	RII	91
Faith Factory		58
Sunrise	MP	7

FINANCIAL UPDATE	
AS OF JANUARY 26, 2017	
Revenue Required for 2017	\$757,771
Revenue Received YTD	\$37,703

CONTACT INFORMATION

Saint Matthew's telephone and fax:
703-430-2121 (phone)
703-430-2638 (fax)

Saint Matthew's web site:
<http://www.stmtts.org>

A nursery for *children* is provided at all four services.

E-mail Us:

The Rev. Rob Merola, Rector
Rob@stmtts.org

Elliott Smith, Associate Pastor
Elliott@stmtts.org

The Rev. Joe Gann, Assoc. for Pastoral Care
jgann@stmtts.org

Miriam, Office Manager
Office@stmtts.org

Ashly Townsend, Children's Minister
ashly@stmtts.org

Kevin Fletcher, Music Minister
kevin@stmtts.org

Vestry:

Steve Buck, *Senior Warden*
Darrell Breed, *Junior Warden*
Susie Harding, Nick Hunter, David Lathrop,
Dan Robertson, John Thomas, Heather Tomaszek

THE FIFTH SUNDAY AFTER THE EPIPHANY SAINT MATTHEW'S CHURCH February 5, 2017

Welcome...

...to Saint Matthew's. We trust you will find us to be a church of joyful worship, loving community, and vibrant witness to our Lord Jesus Christ. We could not be more excited about all that God is doing in our midst. We are grateful for this opportunity to worship with you today. We look forward to sharing our life with you in whatever way God leads – whether just this Sunday or as a long time member.

Save the Date

February 10 – Concert Series: Exploration of Latin American Music
February 11 – Guest Speaker on Immigration – Dr. Debra Shutika
February 12 – Episcobowl Boot Camp
February 26 – Chili Cook Off
February 28 – Shrove Tuesday Pancakes
March 1 – Ash Wednesday
March 4 – 3rd Annual Children's Wellness Day
March 11 – Community Lunch
March 17 – Concert Series: Keltish
April 19 – Financial Peace University
April 21 – Concert Series: Dog City Hoedown Trio
April 23 – Earth Day Celebration with Plant Adoption and Wild Animals
June 26-30 – Middle School Mission Trip
July 24-28 – Vacation Bible School
July 30 – August 7 – High School Adventure Trip

Financial Peace University

FPU is returning this April. For more information or registration go to [Facebook.com/StMatthewsEpiscopalChurch/events/](https://www.facebook.com/StMatthewsEpiscopalChurch/events/)

Intercessory Prayer List

The Saint Matthew's intercessory prayer list is for those in or related to our community who are in need of prayer. It is designed so that all members of our community can pray for each other on an ongoing basis. In order to pray for those on the list, simply ask God to be with them and help them in any way needed - God knows what is going on, so we don't need to. Please pray for the following people:

James, Hugh, Sean, Kevin, Mona, Kevin and family, Andrew and family, Bob and family, Kiia and family, Lusak and family, Jackie, Don, Dean, Pops, Don, Jennifer, Marcia, Claudia, Rob, Ruth, Courtney, Emma, Brenda, Gairo, Dean, Valerie, Ashton, Bob, Darrell, Becca and family, Rick and family, Maniusko Family, Griffin's family, Tricia, Liz, Gladys, Shaunte, Tom, Mary Ann, Judy, Alex and family, Rachel, Brenda, Richard, Robin, Ellie, Lou, Dara, Laura, Anna, Missy, Hazel, Brian's family, Debbie, Amanda, Ana, Dan, Tony, Koko, Cliff, Judy, Adam, Jim, Charles, Nicholas, Fred, David, Rosie Lee, Anige, Michelle, Frank, Barbara, Joe, Anne, Kristen's family, Alina's family, Liisa's family, Hitchcock family, Jonne's family, Don, Jon, Denise, Emma, Jackie's family, Rashana, Scott, Mary, Norfleet & family, Jeanne, Kim, Jake, Kevin, Jen, Troy, Lanie, Becky, Michael, Johnny, Keith, Christina, Mason, Ali, Hazel, Justin, Alan, Virginia, Becky, and Norm.

If you or someone you care about is in need of Pastoral Care, please do not hesitate to call 703-430-2121.

Requests for Prayer Shawls

To request a prayer shawl for yourself or someone else, please send a request to barocon7@aol.com.

Sunday Night Live for Teens

New Times! SNL meets Sunday nights in the trailer. 6th-8th graders are invited to join from 5:30-7:00, and 9th-12th graders from 7-8:30. We'll see you there for relevant teachings, life-changing small groups, wacky activities, and worship.

High School Adventure Trip, July 30 through August 7

We're going to be caravanning all the way to the mountains of Montana. This is going to be an epic trip and a powerful and unique spiritual experience, open to rising 2017 9th graders, 2017 graduated 12th graders, and everyone in the middle! Don't miss this opportunity. More details will be announced soon; scholarships always available.

Shrove Tuesday Pancake Supper

Shrove Tuesday is coming up on February 28th, and rumor is that Pancake Tuesday is going to be a huge event! All middle school and high school youth will be volunteering, and more details are forthcoming, but you're not going to want to miss this Tuesday evening extravaganza!

3rd Annual Children's Wellness Day

Saturday, March 4th from 2:00-5:00pm

Kids, it's time to get out and active! Save the Date for our 3rd Annual Children's Wellness Day. This event includes: children's fitness classes, a 30-foot inflatable obstacle course, All Starts Basketball Challenge, face painting, and so much more! Please bring in a non-perishable food item to help support the Backpack Buddies Program. This is a free community event and all are welcome. Contact Ashly@stmmts.org if you have any questions.

Vacation Bible School: and the theme is

Maker Fun Factory! A world where curious kids become hands-on inventors who discover they're lovingly created by God! It's time to register for the most awesome week of the summer! Vacation Bible School 2017 will be from July 24th-28th from 5:30pm-8:30pm for preschoolers – rising 5th graders. Grab your friends and prepare yourself for a week of innovative inventions, experiments, service, music, creative crafts, games, and so much more! Dinner will be provided each night. You don't want to miss out on this once in a lifetime VBS experience so participants and volunteers should register online NOW at: <http://www.myvbs.org/stmatts2017>

Guest Speaker on Immigration

Saturday, February 11, 2pm-3:30pm

Dr. Debra Lattanzi Shutika will be giving a talk on US immigration at Saint Matthew's. This seminar is recommended for those working in ESOL and to all of us as we live out the biblical mandate to welcome strangers in our midst. Dr. Shutika is the author of *Beyond the Borderlands Migration and Belonging in the U.S. and Mexico*, a study of immigration and community response. She is chair of the English Dept. at George Mason University.

Scout Sunday, March 11-12

All Scouts, former Scouts and Scout Leaders are invited to participate in Scout Sunday. From ushers to communion to a homily, Scouts can help at all services. There will be an informational meeting Sunday, February 12 after the 9:30 and 11am services. For more information, contact Mason Turner mason@mac.com

ESOL Continues

St. Matt's ESOL program continues to reach non-native speakers of English at all levels of proficiency. We meet from 6:30-8:30 Monday evenings. See Roz Gann for more details: 423-202-0007.

HAPPY BIRTHDAY

FEBRUARY 5:	Joyce Purks
FEBRUARY 5:	Lisa Lintelman
FEBRUARY 5:	Rick Breed
FEBRUARY 6:	Lucas Dillistin
FEBRUARY 8:	Rethabile Melvin
FEBRUARY 8:	Sam Dillistin
FEBRUARY 9:	Brian Gattoni
FEBRUARY 10:	Adam Boone
FEBRUARY 10:	Bella Deaso
FEBRUARY 11:	Adam Cranson
FEBRUARY 11:	Malou Rennert
FEBRUARY 11:	Joe Hart
FEBRUARY 11:	Dave Ragsdale
FEBRUARY 11:	Emily Schmid
FEBRUARY 11:	Julia McCall
FEBRUARY 11:	Graham McCall

Episcobowl is Back!!!

Sunday, February 12, 3pm

Grab your workout gear, your brain and your brawn! We will be Old vs. New in this fun Alphabet Bootcamp. Each team will have a bag of Old and New Testament key words or places & people that you have to "work out" to. Each letter of the words corresponds to a different exercise, for example: L for Lunges and P for Push-Ups. To complete the word you need to "spell it". The first team to finish their bag and divide which words fall into Old or New Testament will win. Bring a towel and, if you have a yoga or foam mat, bring that too! Don't worry, we'll have extras!

Chili and Cornbread Cook Off

Sunday, February 26, 12:15pm

Long range forecasts are notoriously inaccurate but we can guarantee it will be "chili with a chance of cornbread" on February 26th at St. Matt's as our annual Chili Cook-off makes its much anticipated return.

Time to dust off your favorite recipe and get fired up. All are welcome to enter. All are welcome to taste. So stock up on the Roloids (especially if you plan on sampling Father Rob's famous nuclear chili), mark your calendars and join us for St. Matt's longest running culinary competition. The heat is on.

Life Stages

Are you dealing with aging parents while dealing with your own aging and the changes in the family as children move out and (supposedly) up? Well, we have a group for you. Our Sandwich Generation Small Group meets the 1st and 3rd Wednesday of every month at 7:30pm in classroom four at Saint Matthew's. We provide support and resources to help us through this journey that, frankly, no one ever told us about! All are welcome!

Backpack Buddies Needs Your Help!

Backpack Buddies is currently feeding 220 students at 7 different schools in Sterling and we ALWAYS need help restocking our pantry! Individual-sized: 100% juice boxes/packs, protein (canned tuna, chicken, Vienna sausages, beans, ravioli), snacks (granola or cereal bars, fruit gummies, pudding), shelf-stable milk, Ramen noodles, mac n' cheese, fruit cups. Consider having your office hold a food drive! I'm happy to assist by providing information, grocery bags to fill or even picking up food.

Feel free to join us any Tuesday to help pack. Our evening pack this week: February 7th, 7:00 pm (Supervised children are welcome!) Additional dates: February 14th, 21st and 28th at 11:00 am. If you have any questions, please contact Carol: carolwhitakerblack@gmail.com